

Vibrant Transformation Practical Partnership:

Start by establishing a space that feels right for all. In this space there is love and tolerance. No one is misbehaving. Everyone means well, and any thoughts or feelings are safe and valid to express.

1. Is there anything you need from me that you're finding hard to get?
2. What did you make-up about me/us this month?
–We make things up about each other and our partnership. We relate to what we've made up like it's the truth. Answering this question can be fun, even silly. At times you'll be totally wrong, and other times you'll be dead right – make time to discuss the question.
3. What I fantasize that you made up about me/us is _____.
4. Is there anything you're not speaking up about for any reason?
5. Is there anything you're trying to provide to me that I'm resisting?
6. How I experience appreciation/respect/adoration from you is when you _____.
7. What you did that I appreciate/respect/adore and that I want more of is _____.
8. I forgot to thank you for _____.
9. When I did _____ I was showing my appreciation/respect/adoration for you.
10. Is there anything we need to handle or decide about together?
11. The things coming up that you should know about are _____.
(Events, mood, alerts such as an anniversary of the death of a family member.)
12. Is there anything you're letting go of, and how can I support you?
13. Is there anything you're claiming/calling in/manifesting, and how can I support you?
14. What I most appreciate/respect/adore about you right now is _____.
–Note the words "right now". Look for what's new about you respect and appreciate.
15. How can I support you in general? How do you like to be supported?
16. How can I appreciate you? How do you like to be appreciated?
17. Can we assume that if you can, you will and that you'll ask if you need something?
18. What I adore/appreciate/respect about our partnership right now is _____.