



How to Become a Reveal & Release 1 Instructor (RRI1)

To become a Reveal & Release 1 Instructor, you must:

- Taken Core Reveal & Release once, used the material, gathered testimonials and experience with the work. The length of time to gain sufficient experience is determined on an individual-by-individual basis by the Applications Committee.
- Have used the material in Reveal & Release with clients, gathering testimonials and experience with the work not limited to but including any significant (to you) elements from the individual exercise that all participants in the class receive; focused releasing work on mom, dad and self; explorations arising from the letting go exercise. The length of time to gain sufficient experience is determined on an individual-by-individual basis by the Applications Committee. It is possible to start training in both RRI1 and RRI2 concurrently. In that event it may be likely that you will graduate as an RRI1 first although possible to graduate concurrently for both. This will vary with the individual instructor trainee.
- Have attended the course you would like to teach at least twice, and preferably with two different instructors – once as a student, a second time as a potential trainee (to view the experience from a teaching perspective).
- Be actively contributing to the energy of the Reveal & Release community. This can be done in any number of ways, including promoting Reveal & Release in the media or on social media or doing public presentations.
- Complete the Instructor Application form and submit it to Allison who will take it to the Applications Committee.
- Successfully complete written and video assignments.
- The Trainee may be asked to audit Reveal & Release beyond their two pre-requisite audit classes if it serves their training process.
- The Trainee must coordinate at least one Reveal & Release for an instructor, if they have not already done so.



- Trainees must demonstrate confidence in public speaking, maintaining class focus and in understanding and addressing bioenergetics and Reveal & Release material.
- The Trainee must complete the certification process 1 year of being accepted as a FreeFall Instructor Trainee, unless otherwise permitted by the Supervising Reveal & Release Instructor and Allison Bachmeier/Vibrant Transformation.

If you choose to use a PowerPoint for any part of the course, it's required that you run your PPT past Allison for approval of use.

There is a training fee of \$5000 CAD plus applicable taxes (primarily depending on the length of the course) payable to the Trainer. If training concurrently in RRI1 and RRI2 the training fee is \$8000 CAD for both. This is to compensate for the time required to review assignments and provide feedback. After that there is a yearly licensing fee of \$500 CAD or \$800 for both RRI1 and RRI2 plus applicable taxes payable to Allison Bachmeier. There will be no additional fees or royalties. In other words, whatever an instructor earns from tuitions, is their income. The licensing fee will be prorated the first year, then due on January 1 of every subsequent year. These financial obligations can be met in various ways, the methods to be agreed upon by the people involved.

Please note: These guidelines are preliminary and may be modified from time to time. Notice of any changes will be made available.